



JUL 16 2018

BEFORE THE IOWA MEDICAL CANNABIDIOL BOARD

Office of Director

[Redacted]
Petition by (Your Name)

for the (addition or removal) of

Ulcerative Colitis

PETITION FOR
ADDITION or REMOVAL
(Circle one)

(medical condition, medical treatment or
debilitating disease) to the list of
debilitating medical conditions for which
the medical use of cannabidiol would be
medically beneficial.

Petitioner's Information
Name (First, Middle, Last or Name of Organization):
Home Address (including Apartment or Suite #):
City: State: Zip Code:
Telephone Number: Email Address:
Is this the person/ organization to whom information about the petition should be directed?

Representative's Information (If applicable)
Name (First, Middle, Last):
Mailing Address (including Apartment or Suite #):
City: State: Zip Code:
Is this the person/ organization to whom information about the petition should be directed?



Telephone Number:		Email Address:	
1. Please provide the name of the specific medical condition, medical treatment, or debilitating disease you are seeking to add to or remove from the list of debilitating medical conditions for which patients would be eligible to receive a medical cannabidiol registration card. <i>Please limit to ONE condition, treatment, or debilitating disease per petition.</i>			
Recommended Action		Condition or Disease	
<input checked="" type="checkbox"/> Add <input type="checkbox"/> Remove		Ulcerative Colitis	

2. Please provide a brief summary statement that supports the action urged in the petition. *Attach additional pages as needed.*

(See attached essay.)



3. Please provide a brief summary of any data or scientific evidence supporting the action urged in this petition. *Attach additional pages as needed*

(See attached essay.)

4. Please provide a list of any reference material that supports your petition.

(See attached essay.)



5. Please provide a list of subject matter experts who are willing to testify in support of this petition (if any). The list of subject matter experts must contain names, background, email addresses, telephone numbers, and mailing addresses. *Attach additional pages if needed.*

Name	(1)	(2)	(3)
Background			
Email address			
Telephone number			
Mailing address			

6. Please provide the names and addresses of other persons, or a description of any class of person, known by you to be affected by or interested in the proposed action which is the subject of this petition. *Attach additional pages if needed.*

Attached are signatures and comments from an online Change.org petition.  
<https://www.change.org/p/iowa-department-of-public-health-support-iowans-use-of-cannabidiol-for-ulcerative-colitis>



7. Please indicate whether you have attached a brief in support of the action urged in the petition.	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
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8. Please indicate whether you are asking to make an oral presentation of the contents of the petition at a board meeting following submission of the petition.	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
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9. Acknowledgement and Signature

By signing this document I certify that the information provided in this petition is true and accurate to the best of my knowledge.

  
Signature

  
Date (mm/dd/yyyy)

- Please fill out each section that is applicable to your petition. Failure to conform to what is required in this petition may result in a denial of consideration by the board.
  - You do not need to fill out sections asking for your representative's information if you do not have one.
  - For section 2, please provide a short, essay-like summary of your argument.
  - For section 3, please provide a short, essay-like summary of the articles and evidence that supports your position (if any).
  - For section 4, please provide a list of articles that are in support of your position (if any).
  - For section 5, please provide a list of experts that would be willing to testify in support of your position (if any). In the background section, please provide the reasons why they should be considered experts in the area: education, credentials, field of study, occupation, etc. This section is optional but will greatly aid in helping the board consider your petition.
  - For section 6, please provide information about groups of people that will be affected if the petition were approved. This could include people suffering from a specific disease, advocacy groups, local government officials, etc.
  - Sections 7 and 8 are optional but may aid the board in considering this petition.
- Please be aware:
  - The board may request that you submit additional information concerning this petition. The board will notify you of the requested materials in the event that more information is needed.
  - The board may also solicit comments from any person on the substance of this petition. The board may also submit this petition for a public comment period where any interested person may comment.
  - The board has six months after you submit this form to either deny or grant the petition. If approved, you will be notified in writing that the board has recommended the addition or removal of the medical condition, treatment, or debilitating disease to the board of medicine. If denied, the board will notify you in writing the reasons for denial.



- If the board denies your petition for failure to conform to the required form, you will be allowed to correct the errors and resubmit for consideration.
- **After you have completed this petition, please make sure that you sign, date it, and email, mail, or hand deliver to:**

**Iowa Department of Public Health  
Office of Medical Cannabidiol  
Lucas State Office Building  
321 E. 12th Street  
Des Moines, IA 50319-0075  
Email: [iamedcbd@idph.iowa.gov](mailto:iamedcbd@idph.iowa.gov)  
Phone: (515) 281-7996**

## **Petition for the use of cannabidiol for ulcerative colitis.**

### **Argument**

Scientific literature and patient testimony support the use of cannabidiol for ulcerative colitis treatment, albeit with two criticisms.

### **Background**

Ulcerative colitis (UC) is a chronic autoimmune disease that causes inflammation in the rectum and colon. Symptoms include: "rectal bleeding, bloody diarrhea, abdominal cramps, and pain" (Mayo Clinic). Over half of UC patients claimed they used cannabis for treating symptoms related to "abdominal surgery, chronic abdominal pain and/or a low quality of life index" (Lal et al., 2011). I would have been counted as one of those patients. Cannabis relieved my abdominal pain and improved my quality of life when I was deep in the throes of a UC flare-up. Clinical studies support these anecdotal claims of relief. UC patients had a higher quality of life when using cannabidiol (CBD) compared to a control or placebo (Irving et al., 2018). And beyond improving symptoms, CBD was shown to reduce inflammation in animal and human colon cultures by modulating enteric glial cells (De Filippis et al., 2011). For such reasons, eight states have already designated UC as a qualifying disease in their medical cannabis programs (Leafly, 2017). In order to improve the lives of UC patients, Iowa should seriously consider doing the same.

### **Addressing Critiques**

The critiques of using cannabidiol found for UC are twofold: 1.) cannabinoids have not yet proven to put UC in remission, and 2.) there are a limited number of clinical studies to affirm the efficacy of cannabis treatment for UC. However, the same can be said for Crohn's disease. Overall, current studies point toward cannabis being a legitimate source of well-being for UC patients. It would be a compassionate action to protect Iowa patients using cannabis from the law, and under the Medical Cannabidiol Act, they would be able to do so in a safe and regulated manner.

## References

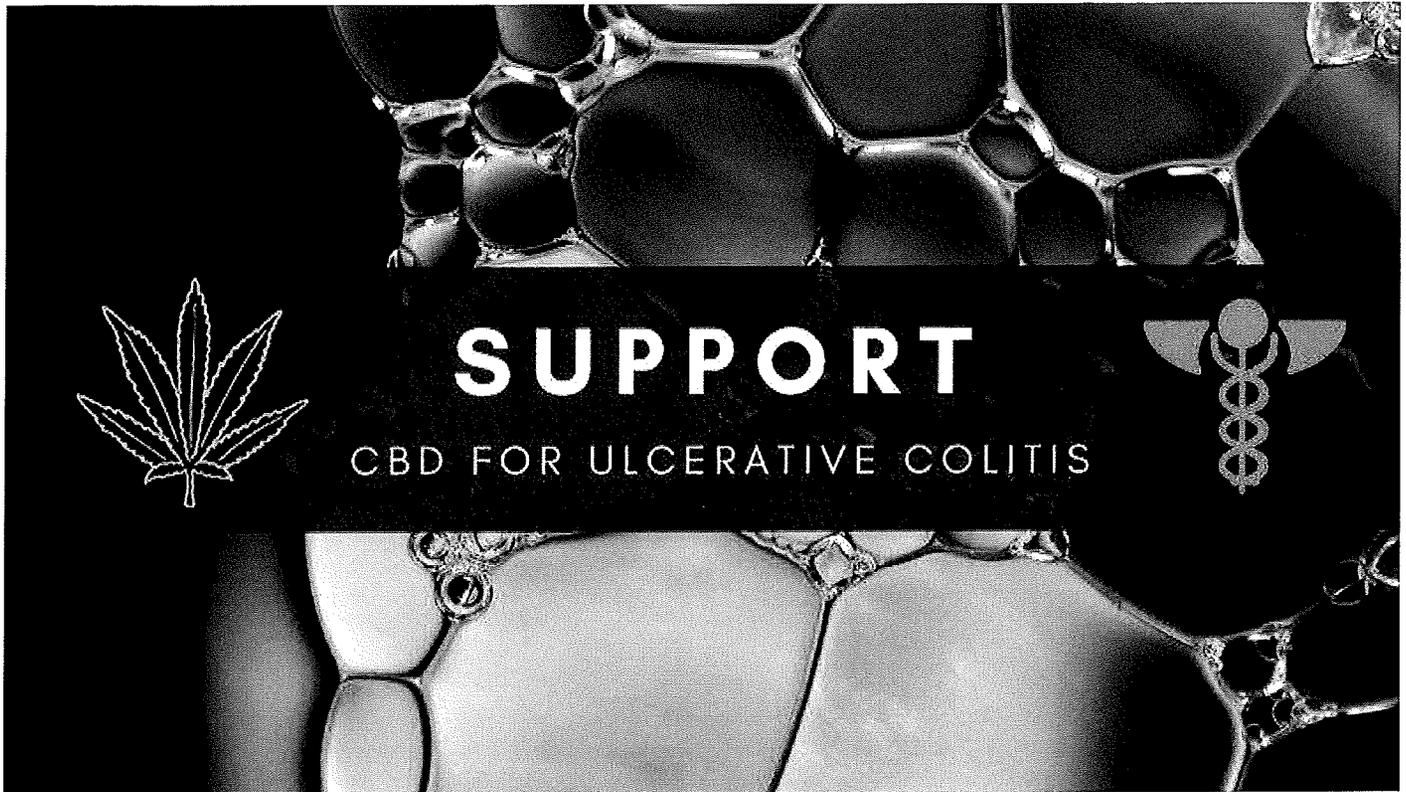
Filippis, D. D., Esposito, G., Cirillo, C., Cipriano, M., Winter, B. Y., Scuderi, C., . . . Iuvone, T. (2011). Cannabidiol Reduces Intestinal Inflammation through the Control of Neuroimmune Axis. *PLoS ONE*, 6(12). doi:10.1371/journal.pone.0028159

Irving, P. M., Iqbal, T., Nwokolo, C., Subramanian, S., Bloom, S., Prasad, N., . . . Wright, S. (2018). A Randomized, Double-blind, Placebo-controlled, Parallel-group, Pilot Study of Cannabidiol-rich Botanical Extract in the Symptomatic Treatment of Ulcerative Colitis. *Inflammatory Bowel Diseases*, 24(4), 714-724. doi:10.1093/ibd/izy002

Lal, S., Prasad, N., Ryan, M., Tangri, S., Silverberg, M., Gordon, A., & Steinhart, H. (2011). Cannabis use amongst patients with inflammatory bowel disease. *European Journal of Gastroenterology and Hepatology*, 10, 891-896. doi:10.1097/MEG.0b013e328349bb4c.

Qualifying Conditions for Medical Marijuana by State. (2018, June 12). Retrieved from <https://www.leafly.com/news/health/qualifying-conditions-for-medical-marijuana-by-state>

Ulcerative colitis. (2018, March 08). Retrieved from <https://www.mayoclinic.org/diseases-conditions/ulcerative-colitis/symptoms-causes/syc-20353326>



26 have signed. Let's get to 100!



**\_\_\_\_\_ started this petition to Iowa Department of Public Health**

In 2017, Iowa expanded their medical cannabidiol (CBD) laws, and by June 1st, 2019, there will be 5 locations serving patients with the following diseases:

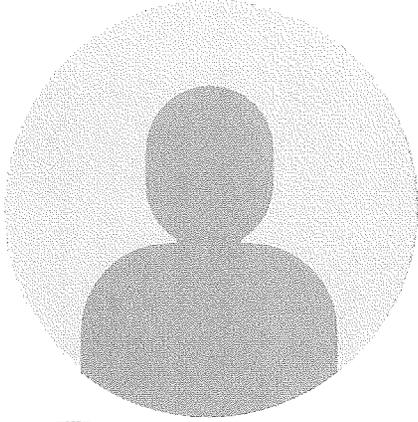
- Cancer (with severe or chronic pain, nausea or severe vomiting, cachexia or severe wasting);
- Multiple sclerosis with severe and persistent muscle spasms;
- Seizures;
- AIDS or HIV (as defined in Iowa Code, section 141A.1);
- Crohn's disease;
- Amyotrophic lateral sclerosis (ALS);
- Any terminal illness, with a probable life expectancy of under one year (if the illness or its treatment produces one or more of the following: severe or chronic pain, nausea or severe vomiting; cachexia or severe wasting);
- Parkinson's disease; and
- Untreatable pain.

Unfortunately, ulcerative colitis is not covered under current Iowa's Medical CBD laws.

Ulcerative colitis is an autoimmune disease that causes inflammation in the rectum and colon. Recent studies demonstrated that cannabidiol reduced symptoms of ulcerative colitis and intestinal inflammation via the neuroimmune axis. Similarly, this is why Crohn's disease is on the list of approved diseases.

Please sign this petition if you are in support of Iowan's right to CDB treatment for ulcerative colitis. Your signatures will be sent with a petition application to the Iowa Department of Public Health, Office of Medical Cannabidiol.

Thank you.



**[REDACTED]** · 1 week ago

My nephew would greatly benefit from this happening!

•  
• 1

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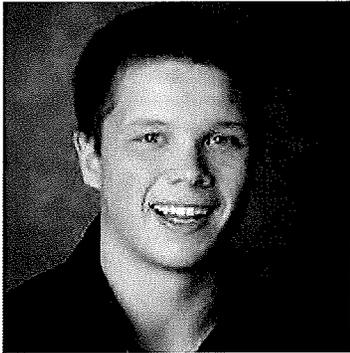


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This comment will be deleted permanently. Are you sure you want to delete it?

Delete Cancel

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**Trevor Fletcher** · 1 week ago

[REDACTED] and other folks with this shouldn't have to endure the terrible pain they do.

•  
• 1

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**Delete this comment**